

## Ingredients

- 1 generous and brave man
- 1 beautiful Emilie
- 1 zest of love
- 1 tablespoon of faithfulness
- 1 half sachet of alliance
- 1 bowl of memories
- 50 grammes of complicity
- 1 liter of adoration
- 12 spouse
- 23 grammes of seeds of happiness.

For 79 people.

Time of preparation: 4 generations

## « Buffet Léger »

*Don't try to compare this wonder to a virtual family.*

*In a big terrine,*

*Enlist a generous and brave man, who has the sweet flavour of a **hard worker**.*

*Add one beautiful Emilie, with a lot of energy and the flavour of a candied apple.*

*Mix, then let it settle about 9 seconds.*

*You will obtain an onctuous and homogenous mix.*

Then in 9 bowls,  
Pour delicately the mix  
And add in each a zest of love, a tablespoon of faithfulness  
And half a sachet of **alliance** which will combine the whole.  
Let it settle about 8 to 9 minutes.

Pour in 21 little glasses,  
The fruits of 9 eternal loves,  
Which will give 21 cousins.  
Then season with a bowl of memories, 50 grams of complicity, and  
a liter of adoration.  
Put in 12 glasses called « spouses ».  
Stir lovingly and reserve at ambient temperature for 9 hours.  
Add 23 grammes of seeds of happiness.

Note: Buffet is the maiden name of my grand-mother  
and Léger is the name of my grand-father.

by Noémie Dehove